St Luke's™
Idaho Cardiology Associates

Name _____

INSTRUCTIONS FOR NUCLEAR MEDICINE PROCEDURES

You have been scheduled for a Nuclear Medicine Cardiac scan on:

Date: _____ Time: _____

Please report to the location indicated below:

300 E. Jefferson St., Suite 301 Boise, ID 83712 (208) 322-1680	520 S. Eagle Road, Ste. 3104 Meridian, ID 83642 (208) 322-1680	West Valley Medical Center 1717 Arlington Avenue Caldwell, ID 83605 (208) 459-4641

PLEASE READ THE FOLLOWING INSTRUCTIONS IN ORDER TO ASSURE A HIGH QUALITY EXAMINATION AND TO CLARIFY YOUR PART IN THIS PROCEDURE.

An estimate of the fees associated with your Nuclear Procedure is $2,000-$2,500.

If Idaho Cardiology is contracted with your insurance company you will be responsible for the amount your insurance deems patient responsibility.

1. NO CAFFEINE FOR 24 HOURS PRIOR TO THE PROCEDURE. This includes decaffeinated beverages, sodas, chocolate and tea. They contain enough caffeine to affect the procedure adversely.
2. You will receive a phone call the day prior to your procedure to confirm this appointment and to answer any questions that you may have. Please call our office if you do not receive a telephone call the day before your test.
3. Take your medications as directed by your physician.
4. Do not eat or drink anything from midnight the night before the procedure You may take small amounts of water for medication only.
5. If your test is scheduled after 11:00 a.m., you may have breakfast prior to 8:00 a.m. on the day of the procedure. No caffeine with breakfast. You may have small amounts of water up to the time of the procedure.
6. Wear loose, comfortable clothing. If you are scheduled for a treadmill, wear a comfortable pair of running or walking shoes.
7. The procedure takes approximately three hours. The patient will be feeling fine and will be able to drive when the test is complete. Family members are not allowed to accompany the patient during the procedure.
8. Patients with asthma should alert the technologist doing the procedure of their asthma
9. Cancellation of these procedures must be made 24 hours in advance. The medication is non-returnable and is very expensive.
10. You will receive the results of this procedure within two business days of the completion of your procedure.
11. **Please check with your insurance company to see if Pre-Authorization is required.**